

OPEN STUDY GROUPS

Study Groups are a wonderful way to meet new people, learn new things, engage in interesting discussions and have fun! As a dues-paying member of the Brandeis National Committee you may join the Desert Chapter's various open study groups. The cost for each group is \$20 per person per year.

If you have a talent or interest and would like to facilitate a new group, please contact Carol Radin, Study Group Vice President at 760-565-0029 or by email at acradin@gmail.com

ONGOING GROUPS (LIMITED SPACES AVAILABLE)

The following groups still have openings. Please fill out the registration form and send with check to Carol Radin (address is on form) if you are interested in joining one of these study groups.

Contact Carol Radin, 760-565-0029 if you have questions about these study groups.

Movie Group 3rd Tuesday 10:30 AM

Facilitator: Wendy Rudlin 760-772-1365 wrudlin@gmail.com

Description: Group meets monthly to watch a movie and then at lunch the movie is discussed.

Women Who Make a Difference 2nd Monday 1:30 PM

Facilitators: Yarol Rudman/ 760-469-2785 yrudman8661@gmail.com; Judy Levine

Description: A woman is chosen every month by a different member and discussed by the group.

Book Group 4th Monday 10:00 AM

Facilitator: Sharyn McKee 760-202-4949 sharynmck@aol.com

Description: Group meets monthly at members' homes to discuss books chosen by the group.

Family Dynamics 2nd Tuesday 10:00 AM

Facilitator: Gail Minkow 310-933-7454 gail.minkow2@gmail.com

Description: The group will use poetry by Judith Viorst and other authors to stimulate discussions on aging, families and ourselves. (Limited space available.)

Family Dynamics 1st Friday 10:00 AM

Facilitators: Judy Shultz 760-200-8673 judithashultz@gmail.com; Yarol Rudman

Description: The group will use poetry by Judith Viorst and other authors to stimulate discussions on aging, families and ourselves. (Limited space available.)

Men's Group 3rd Thursday 12:00 pm

Facilitators: Bob Starr 401-965-5418 bobstarr1@gmail.com; Bruce Blank 760-200-4009 blblank1935@gmail.com

The group meets monthly and decides on activities including discussions, lunch, putting, bowling, etc.

Writing From Out of Our Lives 3rd Thursday 10:30 AM

Facilitator: Leah Schweitzer 760-360-2457 leyeleh@aol.com

Together in a safe, inspiring environment we will discover the magic in writing about our lives. With suggestions and exercises, we will honor those special moments that have made our lives so rich and memorable. Limited spaces available.

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Lunch Bunch 2nd Friday 12:00 PM

Facilitator: Beverly Ross 760-771-3335 beverlyrross@gmail.com

Fixed price lunch. Members pay cash – no more than \$25.

NEW STUDY GROUPS

The following groups are just forming. Please fill out the registration form and send with check to Carol Radin (address on form) if you are interested in joining one of these new study groups.

Mindful Meditation 1st Thursday 1:00 – 3:00 PM

Facilitators: Chuck Rosenbloom, BA, MA; Judy Shultz 760-200-8673

judithashultz@gmail.com

Learn and experience what mindful meditation is and the benefits of stress reduction, peace, ease of mind and a stronger awareness that follows. Maximum attendees will be 12.

Walking Group 8:30 AM At first meeting, group will decide what days and times they will choose to walk.

Facilitator: Barbara Friedman 310-472-7593 b1a29@yahoo.com

Locations to vary. Do you like to walk but need company to stay on track? Then this is the group for you.

Eastern Thought from Buddha to Confucious 1st Thursday 7:00 PM

Facilitator: Gail Fisher 408-238-3899 g.fisher@comcast.net

Group will watch a video and a lecture from a university professor. Discussion to follow.

Coffee's On 3rd Wednesday 10:00 AM

Facilitator: Carol Radin (temporary) 760-565-0029 acradin@gmail.com

Love Seinfeld? Then you will love this group. It's a way to meet new people and talk about nothing. Topics are open and flexible. All the host needs is a coffee pot and a cookie or two.

Hand and Foot Beginners Group 2nd Thursday 6:30 PM

Facilitators: Cindy and Avi Greene 847-962-2050 cgreene5@gmail.com

Learn an exciting card game, a form of canasta. Group is limited in size to 8 people.

Hand and Foot for Experienced Players 1st Sunday 1:00 PM

Facilitators: Cindy and Avi Greene 847-962-2050 cgreene5@gmail.com

This group is for experienced players. After play, group may choose to go to an early dinner.

TED Talks 3rd MONDAY 7:00 PM

Facilitator: Carol Radin (temporary) 760-565-0029 acradin@gmail.com

Are you interested in a variety of subjects? Each month the host selects a couple of TED Talks. The group watches the talk either on a TV or iPad or phone. The TED Talk will then be discussed at the monthly meeting.

Click [here](#) for Study Group Registration Form