

Bunova News Line

Fall Edition

October 2018 • VOL. X, NO. II



Congratulations Northern Virginia chapter!!!!

We may be small, but we're mighty - Judie Weiss

Our Chapter has been honored with two

BNC National Awards for 2018 -

Financial Goal Award

&

Membership Goal Award



ETHNIC LUNCH

October 23rd at 11:30 a.m.

Osteria da Nino Cucina Italiana! otherwise known as just “**Osteria’s**,” is the next destination for the BNC Ethnic Lunch Bunch. The “bunch” will be sharing good food and good conversation in Osteria’s private room on **October 23rd at 11:30 a.m.** Osteria is a locally owned restaurant that believes in the power of Italian hospitality, wine, and cooking to express the love of Italian tradition and culture. Flying a flag with the Sicilian logo (birthplace of one of the owners), this Italian restaurant, which prides itself on the freshness of its food, is a long way from a local “spaghetti joint.”

Osteria’s (703-820-1128) is located at **2900 South Quincy Street** in Shirlington near the corner of South Quincy and Campbell Streets. Free parking is available in the Quincy Garage, entered from South Randolph Street, among other garages in Shirlington. If parking in the Quincy Garage, exit the garage on the alleyway side, turn right, and walk about half a block to Quincy Street. Osteria’s will be on your immediate right, across the alleyway from the Post Office. You can check out the menu et al. at www.osteriadaninova.com.

Please RSVP to Reva Fox at revafox40@gmail.com by October 17th or email Reva if you have questions. As usual, we will be collecting a \$5 donation to **BNC** (cash or check) at the restaurant. We hope that you can join us!

Chi Mangia Bene, Viva Bene (Those who eat well, live well) - Buon Appetito!



TEA AT CHERRY HILL FARM December 5, 2018 at 1:00 PM



Join us for an afternoon steeped in history! We will learn more about the history of Cherry Hill Farm from a costumed docent who will give an entertaining talk in the formal parlor before ushering us into the dining room for the full tea, which includes sandwiches, assorted sweets and warm scones, and a bottomless cup of tea. This event also includes a tour of the 1845 farmhouse.

The Cherry Hill Farmhouse is a House museum, and it is part of the National Register of Historic Places, and it is an important testimony of 19th century Victorian buildings in our area. It is located at 312 Park Avenue, Falls Church, Virginia

The cost is \$33.00 including the tax and tip. Please send your check to Linda Goldberg, 1000 N Randolph St., #809, Arlington, Virginia 22201 and make the check payable to Linda Goldberg. We will collect the \$5.00 contribution for Brandeis (either cash or check payable to BNC) at the event.

Space is limited to 20 participants, so sign up early.

Contact: Linda Goldberg, 703-304-2051 or lzgoldberg@aol.com.



New Study Group

(Please Use Registration Form on Page 10)



QUILTING BEE

A **quilting bee** is a social gathering for "sewists" (sewing enthusiasts) who get together to work on making quilts, learn new techniques, snack and chat. Spend two hours cutting, sewing, and learning. All level of quilters invited. Short lessons on techniques can be provided. Possible topics: how to start a quilt, rotary cutting, quilting basics, piecing techniques, binding, show and tell.

We will meet the third Wednesday afternoon of each month from 1 – 3.

Dates: October 17th, December 19th, January 16, February 20th, March 20th, April 17th, and May 15th. (November date is too close to Thanksgiving – so we will skip that month)

The first meeting will be at the home of the study group leader:

Lisa Sokol 400 Madison St., #709, Alexandria, VA 22314703-869-6613 momster1@gmail.com

The group will decide where they want to hold future meetings.

Please RSVP with your \$30 check made payable to BNC and send it to Sandy Wagner, 9620 Ridge Ave. Fairfax, VA 22030. If you have questions send them to Sandy at swagner222@cs.com

Special Session

KREEGER MUSEUM & SCULPTURE GARDEN

Tuesday, December 11, 2018

Join us to explore the fabulous Kreeger Museum and Sculpture Garden at 2401 Foxhall Rd, Washington DC 20007. The Kreeger Museum, the former residence of David and Carmen Kreeger, rests on five acres of sculpture-filled gardens. Designed by renowned architect Philip Johnson, it is among the few examples of his work in DC. Works of Monet, Picasso, Renoir, Cezanne, Chagall, Miro, and Stella evidence the Kreeger's focus on 19th and 20th century paintings.

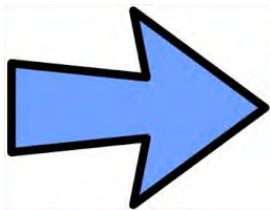
We will meet at the Museum for a docent led tour at 11:00 a.m. The tour is limited to 25 people and we will keep a waiting list. Please arrive at least 15 minutes early. After the tour, we can have lunch at one of the many restaurants and cafes in the neighborhood.

Transportation options are limited, but there is parking available for 25 cars. Carpooling is strongly encouraged.

Cost for this outing is an \$8.00 admission to the Museum and a \$5.00 donation to BNC.

NOTE: We must make a reservation and pay for the tour 2 weeks in advance. So, I must receive your \$8.00 admission fee by November 26.

To RSVP, e-mail: Barbara Gems: beegem@comcast.net.



Coming up – Stay Tuned for More Details

MINDFULNESS



**NOTICE WHAT YOU SEE AND HAVE A FULLER LIFE with Margery Sher
Wednesday March 3, 2019**

Notice What You See and Have a Fuller Life! is an entertaining and thought-provoking session filled with strategies for really appreciating life, for being a catalyst for kindness and laughter in your family, and for getting more done. Mindfulness, in terms of being alert and focused, is key. Margery's presentation is based on academic research, particularly the work of Dr. Ellen Langer of Harvard, but is imparted in a memorable fashion. Participants learn

to Notice “zippers”, “broccoli”, and Human Idiosyn-Crazies™, and convert this awareness into keys for living a more fulfilling life. Margery will also do some readings from her book *The Noticer’s Guide to Living and Laughing*.

Margery Leveen Sher – bio

Margery Leveen Sher is an author, speaker, and entrepreneur. Margery is the founder of The Did Ya Notice? Project and author of several books and numerous published articles. Her latest book is *The Noticer’s Guide to Living and Laughing...Change Your Life Without Changing Your Routine*. Margery presents and keynotes at conferences and employee and client retreats.

Before founding The Did Ya Notice? Project, Margery founded a very successful consulting firm that worked with major corporations, non-profits, and government agencies to help them become “employers of choice” by providing family-friendly programs and policies as well as active corporate social responsibility programs. Her clients included many government agencies including The White House, multi-national corporations including Marriott and Bayer, and major non-profit organizations. Her experience ranges from the corporate world to issues concerning low-income communities.

Margery blogs at www.DidYaNotice.com and also for The Huffington Post. Her current book, as well as her blogs and articles show the benefits of Noticing – being mindful and alert to what’s right in front of your nose. Margery’s humorous presentations are based on solid research by academics such as Dr. Ellen Langer of Harvard University.

THEATER OUTING

Our wonderful theater mavens, Diane DeMaio and Sandy Laeser will plan a theater outing for us this spring. We have seen wonderful plays at 1st Stage in Tysons Corner. This local theater has been showered with many nominations and winners of the Helen Hayes Theater Awards. Diane and Sandy always make these outings memorable by including a reception and often a talkback with the actors.

PLAYREADING

One of our popular Sessions has been Play Reading, led by member Eileen Mandell who is the Director of Community Engagement for 1st Stage. Channeling our inner actors, we read Neil Simon’s *Broadway Bound* and also “My Name is Asher Lev”.

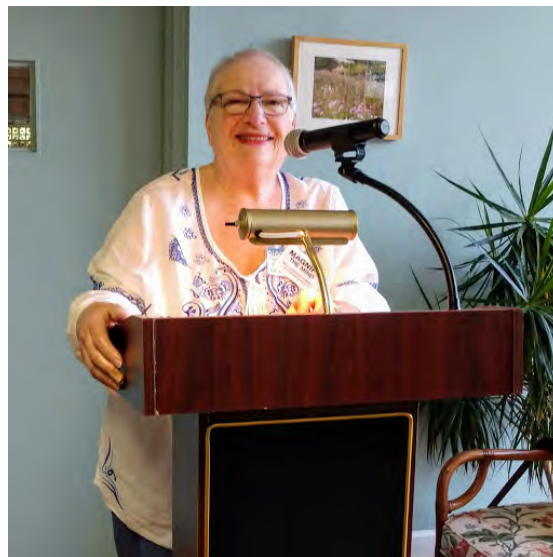
GLENSTONE MUSEUM AND GARDENS

Coming up this spring, a visit to Glenstone in Potomac Maryland, a unique museum showing contemporary art in a modern gallery building & an expansive sculpture garden. During your visit you can view the current exhibition and join a guided outdoor sculpture tour. We’ll have lunch afterward in a nearby restaurant.

TAKE A HIKE - RANGER LED WALK IN GREAT FALLS PARK, VA

Many members have asked for walking or hiking. In the spring, we hope to take a hike at Great Falls Park in Virginia, located on Old Dominion Drive in McLean. There are several guided walks available that include a walk to see dramatic areas near the Great Falls of the Potomac River and learn the basics about the formation of the falls and general park history. Or, we can join a park ranger for a 1-½ hour hike along the Potomac River and Mather Gorge to explore the natural history of the area.

New Members Shine at the Showcase



Co-President & Newsletter Editor, Atara Aharonovitz, welcomes a room packed with participants to the Fall Showcase. Co-President Diane DeMaio was nursing a broken foot and could not attend in person, but was recognized for her service to the NOVA chapter.

Some of the veteran members who welcomed the new





Green Springs Garden in Bloom



In September, BNC members enjoyed a docent led tour of Green Spring Gardens and historic 18th-century plantation house

Book & Author Event

A GRAND SUCCESS



On Sunday, September 30th Beth El Hebrew Congregation's banquet hall resounded with the sound of applause. The large audience (about 140 attendees) was treated to fascinating, thoughtful, and often times witty presentations by authors Ronald Balson, Dina Gold, and Steve Israel. Robert Siegel moderated the event artfully, and presented the audience members' questions to each author. The Brandeis community owes a great debt of gratitude to Jo Ann Allen and Linda Goldberg who co-chaired the committee and event, and to the committee members who worked hard to make this a grand success.



Ronald Balson



Dina Gold



Steve Israel



Sheryl Leeds, Dina Gold, Ron Balson, Steve Israel and co-chair Jo Ann Allen



Co-Chair Linda Goldberg pulling the winning raffle tickets, assisted by Tina Levine, President, BNC Mid-Atlantic Regional Board

Meet the Artist - Talent on Display

We had a fantastic visit with artist Elaine Elinsky in her studio in Great Falls on October 9 and October 11. This was so popular we had to split the group in two and Elaine was kind enough to accommodate us. In addition to being a wonderful artist, she's a very warm and interesting person and we all learned much, and enjoyed the time we spent with her. The visit was followed by lunch at the Old Brogue, which was delightful as well.



Money Matters

Treasurer, Carolyn Wesoky, reports that while the NOVA chapter's 2017- 2018 Brandeis contribution goal had been set at \$5,509.00, we far exceeded that goal and contributed \$7,750.07 to Brandeis. Thank you members!

**Brandeis National Committee
Northern Virginia Chapter
Study Group Registration Form 2018 - 2019**

Check here if this is your first time registering for Brandeis study groups: _____

1. Please remember that only paid-up annual or life members may register for study group courses.
2. Please register by mail, promptly, to insure your course placement and notification of any schedule changes.
3. Courses may be cancelled due to insufficient enrollment.
4. Are you a **Life**_____ or **Annual**_____ Member?
5. **Make checks payable to BNC.**

Name: _____
Address: _____ _____
Telephone # _____
E-Mail address: _____

**If registering by mail, please send registration form with check, payable to BNC, to Sandy Wagner, 9620
Ridge Avenue, Fairfax, VA 22030**

	QUILTING BEE	\$30
--	--------------	------



We are delighted to welcome the following new members who have recently joined our Chapter. Please add their contact information to your current membership roster.

Carole Smithline

1781 Chain Bridge Road, # 402

McLean, VA 22102

703-356-4538

carole@smithline.net

Lisa Sokol

400 Madison St., #709

Alexandria, VA 22314

703-869-6613

momster1@gmail.com

Anita Perlut

8206 Langbrook Road

Springfield, VA 22152

H-703-451-8767

C-703-201-3445

Anitaperlutint@aol.com

Ariela "Ari" Aksman

10819 Fieldwood Drive

Fairfax, VA 22030

703-909-0867

Stanariela@gmail.com



NEW BNC MID ATLANTIC REGIONAL BOARD

Tina Levine, President of the BNC Mid Atlantic Regional Board invited Atara Aharonovitz and Diane DeMaio, co-presidents of the NOVA chapter Board, to join the Mid Atlantic Regional Board. In addition, Judy Yavner will be the Regional Board Treasurer and Jo Ann Allen will be its Secretary. Tina's hope is to "establish a cohesive region with a strong communication bond" encompassing the Greater Washington Chapter, the Baltimore Chapter, and the NOVA chapter. We look forward to our joint enterprise.



We are saddened to report the passing of a former member of our chapter who moved to the Philadelphia area several years ago to be closer to her daughter. Rita Apter passed away recently after a series of bad falls and illnesses. We know her daughter, Susan Apter, would appreciate a note or condolence card from her mother's northern Virginia friends. You may reach Susan at 426 Oxford Rd., Havertown, PA 19083 or at suapt@comcast.net.



A Way to Support Brandeis: The Book Fund

Please help the Brandeis Library purchase a Learned Research Journal by buying one of the “LRJ” note-cards listed below to use as a **gift** for birthdays, anniversaries, Bar/Bat Mitzvahs, etc. or to memorialize. Your purchase of a Tribute Card also benefits the library. Call Judy Yavner (703-527-0947) or use the following form. Received from:

Name: _____

Address: _____

Categories:

_____ Tribute Cards.....	\$10, \$18
_____ Learned Research Journal.....	\$35
_____ Learned Research Journal Folio.....	\$55
_____ Research Journal File	\$200

In **honor** or **memory** of: (circle one)

_____ (name)

Send notification to: _____ (name)

_____ (address)

_____ (city, state, zip)

Check enclosed, made out to BNC

Send to: Judy Yavner, 1530 Key Blvd, #416, Arlington, VA 22209



In case you have not previously paid your dues for the current year, which begins in July 2018, we remind you again that The Brandeis National committee has mailed renewal forms to all of us. Please return them, with checks, in the enclosed envelopes. If you no longer have this bill, please use the form below and send it to Diane with your check. Or, renew online at <http://giving.brandeis.edu/bncrenew>. Individual memberships cost \$60, while a couple residing at the same address can join for \$100.00. Thank you!

Membership Roster

Please contact Diane DeMaio (703-658-9434 bennypolo@verizon.net, 4553 Sawgrass Court, Alexandria, VA 22312), or Judy Yavner (703-527-0947 jyavner@gmail.com) with any changes to current information, or any new email addresses.

BNC NOVA Membership Form

Name: _____

Email address: _____

Address: _____

Phone #: (H) _____ (C) _____



Board Meetings Are Open To All Members

All members are welcome to attend our chapter's board meetings.

The next meeting will be held on Tuesday, November 13th at 1:30 PM, at the Thomas Jefferson Library, 7415 Arlington Blvd., Falls Church, VA 22042.

BRANDEIS NATIONAL COMMITTEE Northern Virginia Chapter Board of Directors 2018-2019

EXECUTIVE COUNCIL:

Co-Presidents:	Diane DeMaio	703-658-9434	bennypolo@verizon.net
	Atara Aharonovitz	201-563-7071	atara1175@gmail.com
Vice Presidents:	Judie Weiss	703-425-9780	onenetnik@yahoo.com
	Michele Milden	703-820-7794	mbmilden@aol.com
	Linda Goldberg	703-527-5199	Lzgoldberg@aol.com
Recording Sec'y:	Sandy Wagner	703-732-4743	swagner222@cs.com
Good & Welfare:	Sheryl Leeds	703-820-9667	sherylleeds@gmail.com
Treasurer:	Carolyn Wesoky	703-421-1489	cswesoky@comcast.net
Members at Large:	Jo Ann Allen	703-534-9113	allenjoann@hotmail.com
	Annette Paley	703-205-2972	annettepaley@gmail.com

COMMITTEE CHAIRS / MEMBERS:

Book Fund:	Judy Yavner	703-527-0947	jyavner@gmail.com
Communication:	Judie Weiss	703-425-9780	onenetnik@yahoo.com
Events Planning:	Jane Kraft Burstein	703-821-2717	marvandstjane@cox.net
	Reva Fox	703-992-9915	revafox40@gmail.com
	Ann Sauberman	703-323-0948	absauberman@aol.com
Fundraising:	Michele Milden	703-820-7794	mbmilden@aol.com
Book & Author: (Co-Chairs)	Jo Ann Allen	703-534-9113	allenjoann@hotmail.com
	Linda Goldberg	703-527-5199	Lzgoldberg@aol.com
Historian:	Rochelle Zohn	703-528-9506	rogozo@yahoo.com
Membership:	Diane DeMaio	703-658-9434	bennypolo@verizon.net
	Linda Goldberg	703-527-5199	Lzgoldberg@aol.com
	Karen Hecker	703-759-5618	kphecker@yahoo.com
	Francie Fox-Schweber	703-370-5552	franciefs@comcast.net
Newsletter:	Atara Aharonovitz	201-563-7071	atara1175@gmail.com
Study Groups/Sessions:	Barbara Gems	703-391-9634	beegem@comcast.net
	Sandy Wagner	703-732-4743	swagner222@cs.com
	Linda Goldberg	703-527-5199	Lzgoldberg@aol.com

MARK YOUR CALENDAR!

2018-2019 BNC EVENTS CALENDAR

MONTH	DATE-DAY	EVENT
OCTOBER	1 Monday	Legal Puzzlers
	1 Monday	Legal Puzzlers - Junior
	2 Tuesday	Short Stories
	8 Monday	Knitting
	9 Tuesday	Artist's Studio – Elaine Elinsky
	11 Thursday	Genealogy
	16 Tuesday	Board Meeting
	18 Thursday	Middle East Group
	19 Friday	Mystery Book Club
	23 Tuesday	Ethnic Lunch
	24 Wednesday	Movie Matinee
	25 Thursday	Foreign Detectives
	26 Friday	Jewish Film Festival
	30 Tuesday	Dumbarton Oaks
NOVEMBER	1 Thursday	Scrabble
	6 Tuesday	Short Stories
	7 Wednesday	Portrait Gallery
	8 Thursday	Genealogy
	12 Monday	Knitting
	15 Thursday	Middle East
	16 Friday	Mystery Book Club
	20 Tuesday	Board Meeting
	22 Thursday	THANKSGIVING
	28 Wednesday	Movie Matinee
DECEMBER	2 Sunday	FIRST NIGHT OF CHANUKAH
	3 Monday	Legal Puzzlers
	3 Monday	Legal Puzzlers 2
	4 Tuesday	Short Stories
	5 Wednesday	Cherry Hill Farm
	6 Thursday	Scrabble
	10 Monday	Knitting
	11 Tuesday	Kreeger Museum
	13 Thursday	Genealogy
	20 Thursday	Middle East Group
	21 Friday	Mystery Book Club
	26 Wednesday	Movie Matinee
	27 Thursday	Foreign Detectives
JANUARY	14 Monday	Knitting
	15 Tuesday	Board Meeting
	17 Thursday	Middle East Group

	23	Wednesday	Movie Matinee
	24	Thursday	Foreign Detectives
FEBRUARY	4	Monday	Legal Puzzlers
	5	Tuesday	Short Stories
	11	Monday	Knitting
	19	Tuesday	Board Meeting
	27	Wednesday	Movie Matinee
	28	Thursday	Foreign Detectives
MARCH	4	Monday	Legal Puzzlers
	4	Monday	Legal Puzzlers 2
	5	Tuesday	Short Stories
	11	Monday	Knitting
	13	Wednesday	Mindfulness
	14	Thursday	Middle East Group
	15	Friday	Mystery Book Club
	19	Tuesday	Board Meeting
	21	Thursday	Middle East Group
	27	Wednesday	Movie Matinee
	28	Thursday	Foreign Detectives
APRIL	2	Monday	Short Stories
	8	Monday	Knitting
	11	Monday	Scrabble
	16	Tuesday	Board Meeting
	18	Thursday	Middle East Group
	19	Friday	Mystery Book Club
	24	Wednesday	Movie Matinee
	25	Thursday	Foreign Detectives
MAY	6	Monday	Legal Puzzlers
	6	Monday	Legal Puzzlers 2
	7	Tuesday	Short Stories
	9	Thursday	Scrabble
	13	Monday	Knitting
	14	Tuesday	Board Meeting
	16	Thursday	Middle East Group
	17	Friday	Mystery Book Club
	22	Wednesday	Movie Matinee
	23	Thursday	Foreign Detectives
JUNE	4	Tuesday	Short Stories
	15	Friday	Mystery Book Club
	27	Wednesday	Movie Matinee



The deadline for items to be included in the next newsletter is December 5th.
Please send material to Atara Aharonovitz at atara1175@gmail.com or call 201-563-7071.

Brandeis National Committee



M I S S I O N S T A T E M E N T

Brandeis National Committee is dedicated to providing philanthropic support to Brandeis University, a distinguished liberal arts and research university founded by the American Jewish community. Its membership is connected to the university through fundraising and through activities that reflect the values on which the university was founded: academic excellence, social justice, nonsectarianism and service to the community.

**Brandeis National Committee
Northern Virginia Chapter
501 Slaters La., #607
Alexandria, VA 22314**