Baby, it's cold outside. What a perfect time to get together with your Brandeis friends!
We are delighted to welcome the following new members who have recently joined our chapter.

Denise Cohn  
1250 So. Washington St.  
Alexandria, VA 22314  
516-521-8095  
mamacohn1@hotmail.com

Wilma Probst Levy  
900 North Taylor St., #517  
Arlington, VA 22203  
703-989-7073  
willieprobst@aol.com

Amy Kales  
7312 Linganore Court  
McLean, VA 22102  
(H) 703-893-6426  
amykales@msn.com

Wednesday Matinee Movie Mavens

The Wednesday Matinee Movie Mavens had a fun time watching an enjoyable film, followed by a tasty lunch. Two of leader Sandy Wagner’s favorite activities.

After watching ‘Stan and Ollie’ at Cinema Arts in Fairfax, we lunched at nearby Cameron’s Coffee & Chocolates, a non-profit establishment dedicated to offering meaningful employment to adults with intellectual learning disabilities. This sweet café just received a grant from McLean’s Rotary Club.

A good time was had by all!  Sandy Wagner – AKA Fearless Leader.
Explore Your Creative and Thoughtful Side with these

SESSIONS

Beat the daily blues from the daily news! Try crafting.

Take Two – Collage
(Only a few spaces left!)

Member Ruth Altheim, photographer, painter, and blogger is presenting three workshops to teach us how making art can help us relax and make us happy.

Ruth says:
“When I am drawing or writing, I am not thinking about the stresses and challenges of living. It is a focused activity that requires my full attention. It’s just like being on vacation and carefree. I make time to experience joy and happiness that can only come from expressing the spirit that guides the creative journey. Everyone can do this. It does not depend on artistic talent or training. It does not require expensive materials. Art can make you happy!”

Session One Ruth shared her marvelous journals and sketchbooks, and presented ideas to help us overcome that inner voice that stops us from being creative. We had a lovely time sketching our shoes and enjoyed lunch at Sfizi.
**Session Two** will focus on **collage**, or making art from “reclaimed” paper. Bring items like pages from a magazine with colors or text that appeals to you, cancelled postage stamps, junk mail, menus, photographs that you find online or print from your home printer. Things that remind you of places you love or want to visit. No rules – just find some stuff that appeals to you. Please bring scissors and a glue stick, Ruth will provide paper to use as a base.

After our workshop, we’ll have lunch at nearby Plaka Grill.

We will meet at the Falls Church Art Gallery in the Kensington Senior Living Building located at 700 Broad Street, Falls Church. Please use street parking. The beautiful artworks in the gallery may provide additional inspiration.

**Monday, Monday, February 25, 10:30am - Noon.**
**Cost for this workshop is a $5.00 donation to BNC for each**
**RSVP to Barbara Gems: beegem@comcast.net**

Give collage a try and let Art Make You Happy!

---

**Notice What You See: The Key to a Full Life.**

Join us on March 13 for an entertaining and thought provoking Session by member Margery Sher. Said one attendee “you’ll come away laughing, but learning an awful lot about the things around you.”

Margery is the founder of the “Did Ya Notice Project” whose goal is to help us broaden awareness of the world around us and live a more fulfilling life. Margery says, “open your eyes, open your ears and all your senses, focus on what’s in front of you and you will be truly living life.” She is the author of “The Noticer's Guide to Living and Laughing” which includes such chapters as “My Love of Lettuce Spinners”, “I am a Know-Nothing, can I be an Art Critic Anyway?” and “The Glory of the Seasons”. The book, and Margery’s presentation, includes many useful nuggets to help us become more aware.
An author, speaker, and entrepreneur, Margery has done presentations for major corporations, non-profits, and government agencies. She’s written books and blogs. Check out her website: https://www.didyanotice.com/interviews-reviews-features/ for a sample of her wit and wisdom.

You don’t want to miss this stimulating afternoon!

When:  **Wednesday, March 13, 2019, 1:00-2:30 pm.**
Where:  **McLean House 6800 Fleetwood Rd., Mc Lean VA 22101**
Cost:  **$5.00 donation to BNC**
RSVP:  **Linda Goldberg lzgoldberg@aol.com**

The party room at McLean House is quite large. If you would like to invite a friend or potential BNC member, please tell Linda when you RSVP.

**Coming up – Stay Tuned for More Details . . . . . . . . .**

We have some wonderful Sessions lined up for the spring. Look for more details, as we get closer to the events’ dates. The cost for each Session will be a $5.00 donation to BNC.

**let’s do lunch**  
**ETHNIC LUNCHES**

Join your Brandeis friends monthly for lunch at specially selected ethnic restaurants. Watch for your e-mail invitation. If you have a favorite ethnic restaurant and would like to host a lunch, contact Reva Fox at revafox40@gmail.com 703 992-9915.

**ART CAN MAKE YOU HAPPY! Take Three**
**Monday, March 18 – 10:30-noon**
Member Ruth Altheim will present the final workshop, teaching us how unleashing our creative spirit can bring us joy. We have enjoyed sketching and making collages. Activity for the third Session will be ?? Stay tuned!
THEATER OUTING EVENTS
(Please note the change in programming)

PLAYREADING at 1st Stage

Wednesday, May 8 11:00 am – 1:00 pm
Channel your inner actor and join us as we take parts and read “The Member of the Wedding”. Member Eileen Mandell, Director of Community Engagement at 1st Stage will lead the group. In the past, we have had a lot of fun reading “Broadway Bound” and “My Name is Asher Lev.” Eileen suggests we read the book by Carson McCullers to get a better understanding of the story. This very short book is available at the library and on amazon.com

SEE THE PLAY ‘MEMBER OF THE WEDDING’

Sunday, May 19, 2019 at 2 PM
The Northern Virginia Chapter of Brandeis National Committee (BNC) is happy to announce our next opportunity to enjoy local theater together. We are arranging to see the play Member of the Wedding at 1st Stage Theater on Sunday, May 19, 2019 at 2 PM. We are hoping that you will plan to attend and invite your friends and family!

The Member of the Wedding was a novel written in 1946 by Carson McCullers, a southern woman writer. The play of the same name was adapted to the stage by Ms. McCullers, and the play opened on Broadway in 1950 with Ethel Waters, Julie Harris and Brandon deWilde debuting as a 7 year old 2nd grader. The book was also adapted to a motion picture in 1952 when it was nominated for an Academy Award for best actress for Julie Harris, making her screen debut. There was a television adaptation in 1982, which starred Pearl Bailey. This is only part of its acclaimed production history. It is a classic.

Member of the Wedding is the story of a 12-year old tomboy who feels disconnected from the world. Since her mother died when she was born and her father is distant and unavailable, her closest relationships are with the family’s African American maid and her 6-year-old cousin. Her dream is to go away with her brother and his wife on their honeymoon in the Alaskan wilderness. It has been described as, not only a coming of age story, but “an economical way of learning about the pangs of growing up.”

We hope you will join us for this thought provoking day of theater, food and friends.

1st Stage Theater is located at:
1524 Spring Hill Road
McLean, VA 22102
Phone: 703-854-1856

More details about this important event at 1st Stage Theater will be coming soon. Please mark this date on your calendar now.
BACKSTAGE WITH DAVID SIEGEL

Wednesday, April 10, 2019 1:00-3:00 pm
Our favorite Theater Critic and judge for the Helen Hayes Awards, David Siegel, returns with an enlightening conversation about local theater. David has years of experience with DC area professional theater and is an arts and entertainment writer for print and online media. He is always a stimulating and knowledgeable presenter.

WINE TASTING AT PARADISE SPRINGS WINERY IN CLIFTON, VA.

Date and time to be determined
Join us again for a visit to Paradise Springs Winery in nearby Clifton, VA. The first Winery in Fairfax VA and the closest winery to DC, Paradise Springs in an intimate, family run, destination winery. After tasting, we'll have lunch in Clifton and spend a little time browsing the cute neighborhood shops.

A DAY AT THE NATIONAL GALLERY WITH LINDA MEER

Thursday, May 2 -10 am-3:00 pm
Member Linda Meer, docent at the National Gallery of Art, will treat us to a Day at the Museum. We will tour the East Wing in the morning, have lunch at the Cascade Café, and visit the West Wing in the afternoon. It’s sure to be a delightful day.
Brandeis Student Ambassador

In 2017, we introduced you to Zosia Buse. Zosia hails from the Shenandoah Valley, is a talented and active Brandeis student, and serves as student ambassador to the NOVA Brandeis chapter. Recently, we received a letter from Zosia, some of which we’d like to share with you. Zosia, now in her junior year at Brandeis, writes:

*Perhaps my biggest accomplishment of the academic year so far has been being elected to serve as the Undergraduate Representative to the Board of Trustees. I was elected to the position through the Student Union, and it entails participating in all formal Trustee meetings and informal gatherings as the Undergraduate “voice”..... I am also still working with the Brandeis National Committee Student Ambassador group, which has grown to over 30 students working with chapters from all over the country..... As I head into my sixth semester at Brandeis, I want to recognize and express my gratitude to the BNC and its members for all of the incredible work you do to support Brandeis and its mission. It is so appreciated!*

We wish Sosia continued success in her studies and the myriad volunteer activities through which she adds value to the university and to the NOVA Brandeis chapter. Keep in touch Zosia!

Magnify the Mind

Brandeis has long had one of the best neuroscience programs in the country. Nobel Prize winner Michael Rosbash, MacArthur “genius” grant recipient Gina Turrigiano and world-renowned neuroscientist Eve Marder are all pioneers in the field. Their breakthroughs have helped transform our understanding of neurodegenerative diseases such as Alzheimer’s, Parkinson’s and autism.

But to remain cutting edge — and continue to make advances in our understanding of human health — Brandeis needs to upgrade its microscopes.

The Brandeis National Committee would like to provide Brandeis with a next generation resonant scanning two-photon microscope. This new technology would enable Brandeis researchers to take 30 to 50 images per second. This increase in speed can be used to observe the brain much closer to its native processing speed, or can be used to take many photographs of the same tissue that can be averaged together to create very high-resolution views, allowing Brandeis researchers to study structures as small as single synapses in the living brain.

If you would like to help Brandeis advance this crucial research, consider making a donation at [http://giving.brandeis.edu/bnc](http://giving.brandeis.edu/bnc)
We are very sorry to have to inform you that Barbara Finkelstein, a member of our Brandeis chapter, unexpectedly passed away after a very brief illness. Her funeral and burial took place in Massachusetts. A fund in Barbara's memory has been established at the JCC. We’re certain that Barbara's husband, Ron, would appreciate a card or note of condolence from the friends and acquaintances that Barbara made here.

Sadly, we have to report that Reva Fox's sister, Barbara Grandstaff, passed away recently after a bout with pneumonia. As many of you know, Reva was a very loving and devoted sister. We know that Reva would appreciate receiving a condolence note or card from her Brandeis friends.

Our thoughts are with our chapter's founding life members, Rochelle and David Zohn, whose beloved nephew Jay passed away in early February. Jason (Jay) Goulde was 46, the only child of Rochelle's brother. His passing is a great loss to the Zohn family. Jay was the first cousin of Sheryl and Mark Zohn, life chapter members as well. If you wish to send a condolence to the Zohn family it will be greatly appreciated. Contributions may be made to: The Lymphoma Research Foundation, Wall Street Plaza, 88 Pine Street, Suite 2400, New York, New York 10004, http://www.lymphoma.org

Our hearts are heavy in reporting that our Brandeis chapter member, Ruth Altheim's husband, Stephen, passed away recently. We hope you hold Ruth in your thoughts and send her a note or card of condolence. Donations in Stephen's memory may be made to Insight Memory Care.

The Book Fund – History and Purpose
BNC began its work in 1948, the same year that Brandeis University was founded. The organization agreed to undertake the complete support and maintenance of the Brandeis University libraries. Book Fund allows direct giving for this support. The libraries at Brandeis grew from humble beginnings in a converted stable to a sophisticated library complex. Needs increased to keep pace with a constantly expanding body of knowledge. Each gift to the Book Fund lends support and enrichment. The thousands of acquisitions made possible each year are indispensable to the Brandeis community of scholars. As information is exploding exponentially, our support must assure that the libraries are always current.
Please help the Brandeis Library purchase a Learned Research Journal by buying one of the “LRJ” note-cards listed below to use as a gift for birthdays, anniversaries, Bar/Bat Mitzvahs, etc. or to memorialize. Your purchase of a Tribute Card also benefits the library. Call Judy Yavner (703-527-0947) or use the following form. Received from:

| Name: | __________________________________________ |
| Address: | __________________________________________ |

<table>
<thead>
<tr>
<th>Categories:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Tribute Cards</td>
<td>$10, $18</td>
</tr>
<tr>
<td>Learned Research Journal</td>
<td>$35</td>
</tr>
<tr>
<td>Learned Research Journal Folio</td>
<td>$55</td>
</tr>
<tr>
<td>Research Journal File</td>
<td>$200</td>
</tr>
</tbody>
</table>

In honor or memory of: (circle one) (name)

Send notification to: (name) (address) (city, state, zip)

Check enclosed, made out to BNC

Send to: Judy Yavner, 1530 Key Blvd, #416, Arlington, VA 22209

Membership Roster

Please contact Diane DeMaio (703-658-9434 bennypolo@verizon.net, 4553 Sawgrass Court, Alexandria, VA 22312), or Judy Yavner (703-527-0947 jyavner@gmail.com) with any changes to current information, or any new email addresses.
Brandeis National Committee Greater Washington Chapter Invites you to

The Bette Ashkenasy Lunch & Learn Program

Empowering Women

Tuesday, March 26, 2019

10:00 am–2:00 pm

Temple Beth Ami $25 per person

Guest Speakers

Eric Friedman

Director of Montgomery County Consumer Protection Agency

Nicole Drew

President of the Women’s Commission of Montgomery County

Ann Wiker

Art Historian — Guerrilla Girls

Co-Presidents: Elaine Moss and Judy Blickstein Co-Chairs: Honey Edell (301-840-9410) and Sandy Pincus-Rush (301-816-9153)

Please mail the completed form below with a $25 check to: Cecily Slater, 7709 Timbercrest Drive, Derwood, MD 20855 by March 20, 2019.

Checks should be payable to BNC.

Any amount over $15 is a charitable contribution to Brandeis National Committee’s Magnify the Mind Campaign.

Please print

Name: ___________________________________________ Phone: __________________

Email: __________________________________________

Enclosed is $ ________________

Box lunch catered by Bageltowne Deli. Choose one:

_____ Salad with Tuna on the side   _____ Turkey on Rye

_____ Tuna on a Sesame Bagel    _____ Veggie wrap with Hummus on the side
Board Meetings Are Open To All Members

All members are welcome to attend our chapter's board meetings.

The next meeting will be held on Tuesday, February 19, 2019 at 1:30 PM, at the Thomas Jefferson Library, 7415 Arlington Blvd., Falls Church, VA 22042.

BRANDEIS NATIONAL COMMITTEE
Northern Virginia Chapter
Board of Directors 2018-2019

EXECUTIVE COUNCIL:

Co-Presidents: Diane DeMaio
Atara Aharonovitz

Vice Presidents: Judy Weiss
Michele Milden
Linda Goldberg

Recording Sec'y: Patricia Collins

Good & Welfare: Sheryl Leeds

Treasurer: Carolyn Wesoky

Members at Large: Jo Ann Allen
Annette Paley

COMMITTEE CHAIRS / MEMBERS:

Book Fund: Judy Yavner
Communication: Judie Weiss
Events Planning: Jane Kraft Burstein
Reva Fox
Ann Sauberman

Fundraising: Michele Milden

Book & Author: Jo Ann Allen
(Library)
Linda Goldberg

Historian: Rochelle Zohn

Membership: Diane DeMaio
Linda Goldberg
Karen Hecker
Francie Fox-Schweber

Newsletter: Atara Aharonovitz

Study Groups/Session: Barbara Gems
Sandy Wagner
Linda Goldberg
# 2018-2019 BNC EVENTS CALENDAR

<table>
<thead>
<tr>
<th>MONTH</th>
<th>DATE-DAY</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>FEBRUARY</td>
<td>19 Tuesday</td>
<td>Board Meeting</td>
</tr>
<tr>
<td></td>
<td>20 Wednesday</td>
<td>Quilting Study Group</td>
</tr>
<tr>
<td></td>
<td>21 Thursday</td>
<td>Middle East Group</td>
</tr>
<tr>
<td></td>
<td>25 Monday</td>
<td>Drawing /Sketching / Journaling</td>
</tr>
<tr>
<td></td>
<td>27 Wednesday</td>
<td>Movie Matinee</td>
</tr>
<tr>
<td></td>
<td>28 Thursday</td>
<td>Foreign Detectives</td>
</tr>
<tr>
<td>MARCH</td>
<td>4 Monday</td>
<td>Legal Puzzlers</td>
</tr>
<tr>
<td></td>
<td>4 Monday</td>
<td>Legal Puzzlers 2</td>
</tr>
<tr>
<td></td>
<td>5 Tuesday</td>
<td>Short Stories</td>
</tr>
<tr>
<td></td>
<td>11 Monday</td>
<td>Knitting</td>
</tr>
<tr>
<td></td>
<td>13 Wednesday</td>
<td>Did’ya Notice? Mindfulness</td>
</tr>
<tr>
<td></td>
<td>15 Friday</td>
<td>Mystery Book Club</td>
</tr>
<tr>
<td></td>
<td>18 Monday</td>
<td>Drawing /Sketching / Journaling</td>
</tr>
<tr>
<td></td>
<td>19 Tuesday</td>
<td>Quilting Study Group</td>
</tr>
<tr>
<td></td>
<td>19 Tuesday</td>
<td>Board Meeting</td>
</tr>
<tr>
<td></td>
<td>20 Wednesday</td>
<td>Making cards with Pat Britz</td>
</tr>
<tr>
<td></td>
<td>21 Thursday</td>
<td>Middle East Group</td>
</tr>
<tr>
<td></td>
<td>27 Wednesday</td>
<td>Movie Matinee</td>
</tr>
<tr>
<td></td>
<td>28 Thursday</td>
<td>Foreign Detectives</td>
</tr>
<tr>
<td>APRIL</td>
<td>1 Monday</td>
<td>Legal Puzzlers</td>
</tr>
<tr>
<td></td>
<td>2 Tuesday</td>
<td>Short Stories</td>
</tr>
<tr>
<td></td>
<td>8 Monday</td>
<td>Knitting</td>
</tr>
<tr>
<td></td>
<td>10 Wednesday</td>
<td>Behind the Scenes with David Siegel</td>
</tr>
<tr>
<td></td>
<td>11 Thursday</td>
<td>Scrabble</td>
</tr>
<tr>
<td></td>
<td>16 Tuesday</td>
<td>Board Meeting</td>
</tr>
<tr>
<td></td>
<td>17 Wednesday</td>
<td>Quilting Study Group</td>
</tr>
<tr>
<td></td>
<td>18 Thursday</td>
<td>Middle East Group</td>
</tr>
<tr>
<td></td>
<td>19 Friday</td>
<td>Mystery Book Club</td>
</tr>
<tr>
<td></td>
<td>24 Wednesday</td>
<td>Movie Matinee</td>
</tr>
<tr>
<td></td>
<td>25 Thursday</td>
<td>Foreign Detectives</td>
</tr>
<tr>
<td>MAY</td>
<td>2 Thursday</td>
<td>National Art Gallery</td>
</tr>
<tr>
<td></td>
<td>6 Monday</td>
<td>Legal Puzzlers</td>
</tr>
<tr>
<td></td>
<td>6 Monday</td>
<td>Legal Puzzlers 2</td>
</tr>
<tr>
<td></td>
<td>7 Tuesday</td>
<td>Short Stories</td>
</tr>
<tr>
<td></td>
<td>8 Wednesday</td>
<td>Play Reading at 1st Stage</td>
</tr>
<tr>
<td></td>
<td>9 Thursday</td>
<td>Scrabble</td>
</tr>
<tr>
<td></td>
<td>13 Monday</td>
<td>Knitting</td>
</tr>
<tr>
<td></td>
<td>15 Wednesday</td>
<td>Quilting Study Group</td>
</tr>
<tr>
<td></td>
<td>16 Thursday</td>
<td>Middle East Group</td>
</tr>
</tbody>
</table>
The deadline for items to be included in the next newsletter is April 5th. Please send material to Atara Aharonovitz at atara1175@gmail.com or call 201-563-7071.

/ﬁSHiNG/

The fraudulent practice of sending emails purporting to be from reputable companies or friends in order to induce individuals to reveal personal information, such as social security numbers, passwords, and credit card numbers, as well as to send money. Please be watchful. If you receive an email that doesn’t look quite right, don’t take a chance.

DON’T REPLY! DON’T CALL! JUST DELETE!

If the email is supposedly from a friend or fellow Brandeis Chapter member, call that person using the phone number listed in the contact list.